

# NameWhips.com Baby Name Evaluation Worksheet

By Jim Hunt, author of "Top Baby Names for 2025" *Download additional worksheets at NameWhips.com*

## Name Discovery Journal

Potential Name: \_\_\_\_\_

Date: \_\_\_\_\_

### First Impressions

What drew you to this name? \_\_\_\_\_

How did you discover it? \_\_\_\_\_

Initial reaction from partner: \_\_\_\_\_

### Name Basics

Origin: \_\_\_\_\_

Meaning: \_\_\_\_\_

Cultural significance: \_\_\_\_\_

Common variations: \_\_\_\_\_

## Sound Check

Write your full name combination (first, middle, last):

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Read it aloud and rate (1-5):

- Flows naturally: \_\_\_\_
- Easy to pronounce: \_\_\_\_
- Works with siblings' names: \_\_\_\_
- Sounds professional: \_\_\_\_
- Overall harmony: \_\_\_\_

## Real World Test

Answer honestly:

- Could a child easily spell it?  Yes  No
- Would teachers pronounce it correctly?  Yes  No
- How would it look on a resume?  Strong  Neutral  Concerning
- Any unwanted nicknames?  Yes  No
- If yes, list them: \_\_\_\_\_

## Personal Connection

How does this name reflect:

- Your family heritage? \_\_\_\_\_
- Your values? \_\_\_\_\_
- Your hopes for your child? \_\_\_\_\_

## Future Considerations

Imagine your child:

- In elementary school: \_\_\_\_\_
- As a teenager: \_\_\_\_\_
- In their profession: \_\_\_\_\_
- As a parent themselves: \_\_\_\_\_

## Family Feedback

Record reactions from:

- Grandparents: \_\_\_\_\_
- Siblings: \_\_\_\_\_
- Close friends: \_\_\_\_\_

# Final Reflection

Three best things about this name:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Any concerns?

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Overall feeling about this name:

- Love it
- Growing on me
- Need time to think
- Having doubts
- Not the one

Decision Notes

Date of final decision: \_\_\_\_\_

- Adding to shortlist
- Need more time
- Removing from consideration

Additional thoughts:

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Visit [NameWhips.com](https://NameWhips.com) for:

- More naming resources
- Name trend updates
- Community discussions
- Additional worksheets

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*Remember: Choosing your baby's name is a journey. Take your time, trust your instincts, and enjoy the process of finding the perfect name for your little one.*